

## COLLECT

Almighty God,  
you have created the heavens and the earth  
and made us in your own image:  
teach us to discern your hand in all  
your works  
and your likeness in all your children;  
through Jesus Christ your Son our Lord,  
who with you and the Holy Spirit  
reigns supreme over all things,  
now and for ever.

## FIRST READING Proverbs 8:1. 22-31

*A reading from the book of Proverbs.*

Does not wisdom call, and does not understanding raise her voice? The LORD created me at the beginning of his work, the first of his acts of long ago. Ages ago I was set up, at the first, before the beginning of the earth. When there were no depths I was brought forth, when there were no springs abounding with water. Before the mountains had been shaped, before the hills, I was brought forth – when he had not yet made earth and fields, or the world's first bits of soil. When he established the heavens, I was there, when he drew a circle on the face of the deep, when he made firm the skies above, when he established the fountains of the deep, when he assigned to the sea its limit, so that the waters might not transgress his command, when he marked out the foundations of the earth, then I was beside him, like a master worker; and I was daily his delight, rejoicing before him always, rejoicing in his inhabited world and delighting in the human race.

## PSALM Psalm 104:26-end

**R** *Send forth your Spirit, O Lord,  
and renew the face of the earth.*

O Lord, how manifold are your works!  
in wisdom you have made them all;  
the earth is full of your creatures. **R**

Yonder is the great and wide sea  
with its living things too many to  
number,  
creatures both small and great.  
There move the ships,

and there is that Leviathan,  
which you have made for the sport of  
it. **R**

All of them look to you  
to give them their food in due season.  
You give it to them, they gather it;  
you open your hand and they are  
filled with good things.  
You hide your face and they are  
terrified;  
you take away their breath  
and they die and return to their dust. **R**

You send forth your Spirit and they  
are created;  
and so you renew the face of the earth.  
May the glory of the Lord endure for  
ever;  
may the Lord rejoice in all his works.  
He looks at the earth and it trembles,  
he touches the mountains and they  
smoke. **R**

I will sing to the Lord as long as I live;  
I will praise my God while I have my  
being.  
May these words of mine please him;  
I will rejoice in the Lord.  
Let sinners be consumed from the earth,  
and the wicked be no more.  
Bless the Lord, O my soul.  
Alleluia! **R**

## SECOND READING Colossians 1:15-20

*A reading from the letter of Paul to  
the Colossians.*

Christ is the image of the invisible  
God, the firstborn of all creation; for  
in him all things in heaven and on  
earth were created, things visible  
and invisible, whether thrones or  
dominions or rulers or powers – all  
things have been created through  
him and for him. He himself is before  
all things, and in him all things hold  
together. He is the head of the body,  
the church; he is the beginning, the  
firstborn from the dead, so that he  
might come to have first place in  
everything. For in him all the fullness  
of God was pleased to dwell, and  
through him God was pleased to  
reconcile to himself all things, whether  
on earth or in heaven, by making  
peace through the blood of his cross.

## GOSPEL John 1:1-14

*Hear the gospel of our Lord Jesus  
Christ according to John.*

In the beginning was the Word,  
and the Word was with God, and  
the Word was God. He was in the  
beginning with God. All things came  
into being through him, and without  
him not one thing came into being.  
What has come into being in him  
was life, and the life was the light  
of all people. The light shines in the  
darkness, and the darkness did not  
overcome it. There was a man sent  
from God, whose name was John.  
He came as a witness to testify to  
the light, so that all might believe  
through him. He himself was not the  
light, but he came to testify to the  
light. The true light, which enlightens  
everyone, was coming into the world.  
He was in the world, and the world  
came into being through him; yet the  
world did not know him. He came  
to what was his own, and his own  
people did not accept him. But to all  
who received him, who believed in  
his name, he gave power to become  
children of God, who were born, not  
of blood or of the will of the flesh or  
of the will of man, but of God. And  
the Word became flesh and lived  
among us, and we have seen his  
glory, the glory as of a father's only  
son, full of grace and truth.

## POST COMMUNION

God our creator,  
by your gift  
the tree of life was set at the heart of  
the earthly paradise,  
and the bread of life at the heart of  
your Church:  
may we who have been nourished at  
your table on earth  
be transformed by the glory of the  
Saviour's cross  
and enjoy the delights of eternity;  
through Jesus Christ our Lord.





## COLLECT

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the  
cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer  
with him  
and be changed into his likeness,  
from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING 2 Kings 2:1-12

*A reading from the second book of Kings.*

When the LORD was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, "Stay here; for the LORD has sent me as far as Bethel." But Elisha said, "As the LORD lives, and as you yourself live, I will not leave you." So they went down to Bethel. The company of prophets who were in Bethel came out to Elisha, and said to him, "Do you know that today the LORD will take your master away from you?" And he said, "Yes, I know; keep silent." Elijah said to him, "Elisha, stay here; for the LORD has sent me to Jericho." But he said, "As the LORD lives, and as you yourself live, I will not leave you." So they came to Jericho. The company of prophets who were at Jericho drew near to Elisha, and said to him, "Do you know that today the LORD will take your master away from you?" And he answered, "Yes, I know; be silent." Then Elijah said to him, "Stay here; for the LORD has sent me to the Jordan." But he said, "As the LORD lives, and as you yourself live, I will not leave you." So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and

to the other, until the two of them crossed on dry ground. When they had crossed, Elijah said to Elisha, "Tell me what I may do for you, before I am taken from you." Elisha said, "Please let me inherit a double share of your spirit." He responded, "You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not." As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, "Father, father! The chariots of Israel and its horsemen!" But when he could no longer see him, he grasped his own clothes and tore them in two pieces.

## PSALM Psalm 50:1-6

**R** *Our God will come and will not keep silence.*

The Lord, the God of gods, has spoken; he has called the earth from the rising of the sun to its setting. Out of Zion, perfect in its beauty, God reveals himself in glory. **R**

Our God will come and will not keep silence; before him there is a consuming flame, and round about him a raging storm. He calls the heavens and the earth from above to witness the judgement of his people. **R**

"Gather before me my loyal followers, those who have made a covenant with me and sealed it with sacrifice." Let the heavens declare the rightness of his cause; for God himself is judge. **R**

## SECOND READING 2 Corinthians 4:3-6

*A reading from the second letter of Paul to the Corinthians.*

Even if our gospel is veiled, it is veiled to those who are perishing. In their case the god of this world has blinded the minds of the unbelievers,

to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God. For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

## GOSPEL Mark 9:2-9

*Hear the gospel of our Lord Jesus Christ according to Mark.*

Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, "Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah." He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, "This is my Son, the Beloved; listen to him!" Suddenly when they looked around, they saw no one with them any more, but only Jesus. As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

## POST COMMUNION

Holy God,  
we see your glory in the face of Jesus  
Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know  
his power to change and save.  
This we ask through Jesus Christ our  
Lord.



# Additional Text and Prayers

## Call to worship

Rise and shine!  
Darkness flees from the earth.  
Light dawns.  
**The king is coming!**  
The God of all creation calls us to worship.  
Church bells ring out.  
Birds sing.  
Rise and shine!  
Sunlight, crisp air, rain, frost and snow declare:  
**The king is coming!**  
Green shoots burst through frozen earth.  
Crocuses, golden and royal purple, carpet the way.  
Rise and shine and give God the glory.  
**The king is coming here today!**

## A Prayer of Confession

Christ the light of the world has come to dispel  
the darkness of our hearts.  
In his light let us examine ourselves  
and confess our sins.

**Loving God, you have brought us  
out of darkness  
and into your glorious light.  
Forgive us for the times  
when we have continued to live  
as though we were still in darkness.  
Show us the way to life eternal,  
that we may share your light for all  
eternity.  
Amen.**

*Silence is kept.*

*An absolution is given*

## Blessing

Christ, whose glory fills the skies,  
fill you with radiance  
and scatter the darkness from your path.  
**Amen.**  
Christ, the Sun of Righteousness,  
gladden your eyes and warm your heart.  
**Amen.**  
Christ, the Dayspring from on high,  
draw near to guide your feet into the way of  
peace.  
**Amen.**  
And the blessing...

## Hymn

Jesus, on the mountain peak,  
stands alone in glory blazing;  
let us, if we dare to speak,  
with the saints and angels praise him.  
*Alleluia!*

Trembling at his feet we saw  
Moses and Elijah speaking.  
All the prophets and the Law  
shout through them their joyful greeting.  
*Alleluia!*

Swift the cloud of glory came.  
God proclaiming in its thunder  
Jesus as the Son by name!  
Nations, cry aloud in wonder!  
*Alleluia!*

Jesus is the chosen One,  
living hope of every nation.  
Hear and heed him, everyone;  
sing with earth and all creation:  
*Alleluia!*

Tune: ST ALBINUS  
(HO&N: ORANGE 463; BLUE 230)  
(NEH 86)

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**COLLECT**

Almighty God,  
 whose Son Jesus Christ fasted forty  
 days in the wilderness,  
 and was tempted as we are, yet  
 without sin:  
 give us grace to discipline ourselves  
 in obedience to your Spirit;  
 and, as you know our weakness,  
 so may we know your power to save;  
 through Jesus Christ your Son our Lord,  
 who is alive and reigns with you,  
 in the unity of the Holy Spirit,  
 one God, now and for ever.

**FIRST READING Genesis 9:8-17**

*A reading from the book of Genesis.*

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

**PSALM Psalm 25:1-9**

**R** *Your paths, O Lord, are love and faithfulness [to those who keep your covenant].*

To you, O Lord, I lift up my soul;  
 my God, I put my trust in you;  
 let me not be humiliated,  
 nor let my enemies triumph over me.  
 Let none who look to you be put to shame;  
 let the treacherous be disappointed  
 in their schemes. **R**

Show me your ways, O Lord,  
 and teach me your paths.  
 Lead me in your truth and teach me,  
 for you are the God of my salvation;  
 in you have I trusted all the day long. **R**

Remember, O Lord, your compassion  
 and love,  
 for they are from everlasting.  
 Remember not the sins of my youth  
 and my transgressions;  
 remember me according to your love  
 and for the sake of your goodness,  
 O Lord. **R**

Gracious and upright is the Lord;  
 therefore he teaches sinners in his way.  
 He guides the humble in doing right  
 and teaches his way to the lowly.  
 All the paths of the Lord are love and  
 faithfulness  
 to those who keep his covenant and  
 his testimonies.  
 For your name's sake, O Lord,  
 forgive my sin, for it is great. **R**

**SECOND READING 1 Peter 3:18-end**

*A reading from the first letter of Peter.*

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in

which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you – not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

**GOSPEL Mark 1:9-15**

*Hear the gospel of our Lord Jesus Christ according to Mark.*

In those days Jesus came from Nazareth of Galilee and was baptised by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

**POST COMMUNION**

Lord God,  
 you have renewed us with the living bread from heaven;  
 by it you nourish our faith,  
 increase our hope,  
 and strengthen our love:  
 teach us always to hunger for him  
 who is the true and living bread,  
 and enable us to live by every word  
 that proceeds from out of your  
 mouth;  
 through Jesus Christ our Lord.



## Additional Text and Prayers

### Call to worship

Spirit of God, moving over the deep,  
bringing order out of chaos in the beginning,  
bring us your peace.

**Come, Holy Spirit.**

Lowly dove,  
winging your way over the waters of the flood,  
bringing signs of a new beginning for the world,  
bring us your hope.

**Come, Holy Spirit.**

Spirit, descending as a dove  
over the waters of the Jordan,  
bringing the approval of God at the beginning  
of Jesus' ministry, bring us your blessing.

**Come, Holy Spirit.**

### A prayer of confession

Compassion and forgiveness  
belong to the Lord our God,  
though we have rebelled against him.  
Let us then renounce our wilfulness  
and ask his mercy  
by confessing our sins in penitence and faith.

**Living, loving God,  
you know our weaknesses and our frailties,  
you know the many times we stumble  
and fall and fail you.**

**Forgive us the times  
when we have gone our own way.**

**Help us to know the strengthening  
and leading of your Spirit,  
that we may be led to serve  
and worship you  
in spirit and in truth,**

**for the sake of your Son, Jesus Christ.**

**Amen.**

*An absolution is given.*

### Blessing

May you know God breathing his peace  
over the troubled depths of your soul.  
May you know that Jesus is with you  
on your journey in the week to come.  
May you know the Holy Spirit strengthening  
and sustaining you, this day and for ever more.;  
and the blessing ...

### Dismissal

Living God,  
you have met us here and calmed our fears.  
May we step out into your world strong  
with the hope and courage you give.  
Ready to meet you in faith.

**Amen.**

## Psalm 119.17-32

*Exultate, justi*

O DO well unto thy servant : that I may live, and keep thy word.

Open thou mine eyes : that I may see the wondrous things of thy law.

I am a stranger upon earth : O hide not thy commandments from me.

My soul breaketh out for the very fervent desire : that it hath always unto thy judgements.

Thou hast rebuked the proud : and cursed are they that do err from thy commandments.

O turn from me shame and rebuke : for I have kept thy testimonies.

Princes also did sit and speak against me : but thy servant is occupied in thy statutes.

For thy testimonies are my delight: and my counsellors.

MY soul cleaveth to the dust : O quicken thou me, according to thy word.

I have acknowledged my ways, and thou heardest me : O teach me thy statutes.

Make me to understand the way of thy commandments : and so shall I talk of thy wondrous works.

My soul melteth away for very heaviness : comfort thou me according unto thy word.

Take from me the way of lying : and cause thou me to make much of thy law.

I have chosen the way of truth : and thy judgements have I laid before me.

I have stuck unto thy testimonies : O Lord, confound me not.

I will run the way of thy commandments : when thou hast set my heart at liberty.

Glory be to the Father...

## First Lesson

Genesis 2.15-17; 3.1-7

<sup>15</sup>The Lord God took the man and put him in the garden of Eden to till it and keep it. <sup>16</sup>And the Lord God commanded the man, 'You may freely eat of every tree of the garden; <sup>17</sup>but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

<sup>3</sup>Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' <sup>2</sup>The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; <sup>3</sup>but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." ' <sup>4</sup>But the serpent said to the woman, 'You will not die; <sup>5</sup>for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' <sup>6</sup>So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. <sup>7</sup>Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

## Second Lesson

Romans 5.12-19

<sup>12</sup>Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— <sup>13</sup>sin was indeed in the world before the law, but sin is not reckoned when there is no

law. <sup>14</sup>Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

<sup>15</sup>But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. <sup>16</sup>And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. <sup>17</sup>If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

<sup>18</sup>Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. <sup>19</sup>For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

## Collect of the Day

O Lord, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory; who livest and reignest with the Father and the Holy Ghost, one God, world without end.

Amen.





## COLLECT

Almighty God,  
you show to those who are in error the  
light of your truth,  
that they may return to the way of  
righteousness:  
grant to all those who are admitted  
into the fellowship of Christ's religion,  
that they may reject those things  
that are contrary to their profession,  
and follow all such things as are  
agreeable to the same;  
through our Lord Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING Genesis 17:1-7. 15-16

*A reading from the book of Genesis.*

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you." God said to Abraham, "As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

## PSALM Psalm 22:23-end

**R** *All the ends of the earth shall turn to you,  
O Lord.*

Praise the Lord, you that fear him;  
stand in awe of him, O offspring of Israel;  
all you of Jacob's line, give glory.  
For he does not despise nor abhor  
the poor in their poverty;  
neither does he hide his face from them;  
but when they cry to him he hears them. **R**

My praise is of him in the great assembly;  
I will perform my vows  
in the presence of those who worship him.  
The poor shall eat and be satisfied,  
and those who seek the Lord shall praise  
him:  
"May your heart live for ever!" **R**

All the ends of the earth  
shall remember and turn to the Lord,  
and all the families of the nations  
shall bow before him.  
For kingship belongs to the Lord;  
he rules over the nations. **R**

To him alone all who sleep in the earth  
bow down in worship;  
all who go down to the dust fall before him.  
My soul shall live for him;  
my descendants shall serve him;  
they shall be known as the Lord's for ever.  
They shall come and make known to a  
people yet unborn  
the saving deeds that he has done. **R**

## SECOND READING Romans 4:13-end

*A reading from the letter of Paul to the Romans.*

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") – Abraham believed in the presence of the God who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory

to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

## GOSPEL Mark 8:31-end

*Hear the gospel of our Lord Jesus Christ according to Mark.*

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

## POST COMMUNION

Almighty God,  
you see that we have no power of  
ourselves to help ourselves:  
keep us both outwardly in our bodies,  
and inwardly in our souls;  
that we may be defended from all  
adversities which may happen to the  
body,  
and from all evil thoughts which may  
assault and hurt the soul;  
through Jesus Christ our Lord.



## Additional Text and Prayers

### Call to worship

Jesus said,  
'Those who would come after me,  
must deny themselves,  
take up their cross and follow me.'

Lead us, Lord Jesus.

**Help us to follow you.**

You denied yourself.

**Help us to follow you.**

You took up the cross.

**Help us to follow you.**

### Confession

The sun of righteousness has dawned with  
healing in his wings.

Let us come to the light of Christ,  
Confessing our sins in penitence and faith.

**Lord our God,  
in our sin we have avoided your call.  
Our love for you is like a morning cloud,  
like the dew that goes early away.  
Have mercy upon us;  
deliver us from judgement;  
bind up our wounds and revive us;  
in Jesus Christ our Lord.  
Amen.**

### Offertory Hymn

Behold the Lamb who bears our sins away,  
slain for us: and we remember:  
the promise made that all who come in faith  
find forgiveness at the cross.  
So we share in this Bread of life,  
and we drink of His sacrifice,  
as a sign of our bonds of peace  
around the table of the King.

The body of our Saviour, Jesus Christ,  
torn for you: eat and remember  
the wounds that heal, the death that brings us life,  
Paid the price to make us one.  
So we share in this Bread of Life,  
and we drink of His sacrifice  
as a sign of our bonds of love  
around the table of the King.

The blood that cleanses every stain of sin,  
shed for you: drink and remember  
He drained death's cup that all may enter in  
to receive the life of God.

So we share in this Bread of Life,  
and we drink of His sacrifice,  
as a sign of our bonds of grace  
around the table of the King.

And so with thankfulness and faith  
we rise to respond: and to remember  
our call to follow in the steps of Christ  
as His body here on earth.

As we share in His suffering,  
we proclaim: Christ will come again!  
and we'll join in the feast of heaven  
around the table of the King.

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### Blessing

Go and continue on your life's journey,  
knowing that God is with you  
each step of the way.  
And may the God of peace  
bring you every blessing,  
with which to serve him  
and make his will known in the world.  
And the blessing...

**Amen.**